



Select  
Rehabilitation  
Hospital *of Denton*

*a Select Medical company*

# REHABILITATION



**begins right here**

# Select Rehabilitation Hospital of Denton

offers you a new direction in medical rehabilitation.



Our 44-bed, state-of-the-science hospital offers unparalleled treatment to individuals with stroke, brain injury, spinal cord injury, amputation, neurological conditions, joint replacement and other orthopedic trauma, as well as general medical rehabilitation needs.

Our experienced team of rehabilitation professionals is committed to helping each patient recover the strength, skills, confidence and independence to return home to family and friends, work, school or community activities.

Through our affiliation with **Kessler Institute for Rehabilitation**, a national leader in the field of medical rehabilitation for more than 60 years, we bring the most advanced patient care to Denton and the greater Dallas-Fort Worth area.

## The Select Rehabilitation Difference

At Select Rehabilitation Hospital of Denton, we combine the convenience and comfort of community-based care with clinical expertise and national experience in medical rehabilitation to best serve our patients' needs and goals.



## Meeting patient needs... exceeding patient expectations

*To best meet the complex needs of our patients, Select Rehabilitation Hospital of Denton offers highly focused programs of care that incorporate the most effective therapies, technologies and research to advance individual recovery.*

### Stroke Rehabilitation

Studies show that participation in a specialized Stroke Rehabilitation Program helps patients to maximize recovery. At Select Rehabilitation Hospital, we offer the dedicated stroke services that enable patients to reach their individual goals and:

- Restore function and mobility
- Improve speech and swallowing
- Enhance cognition
- Maintain bowel and bladder function
- Manage spasticity

### Brain Injury Rehabilitation

The Brain Injury Rehabilitation Program at Select Rehabilitation Hospital targets the individual's physical and functional limitations, cognitive deficits and emotional and interpersonal difficulties. In a safe and supportive environment, our brain injury specialists provide dedicated care, which includes:

- Cognitive and behavioral rehabilitation
- Physical and occupational therapies
- Speech and swallowing therapies
- Spasticity management
- Visual skills retraining

### Spinal Cord Injury Rehabilitation

Clinical expertise distinguishes our comprehensive Spinal Cord Injury Program. Through individualized care, advanced treatment and state-of-the-science technologies, we address the complex challenges of spinal cord injury, including:

- Respiratory management
- Spasticity management
- Wheelchair seating and mobility issues
- Electronic aids of daily living
- Community reintegration and support services



## Amputee Rehabilitation

The Select Rehabilitation Hospital team of doctors, nurses, therapists and other rehabilitation specialists helps individuals who have lost a limb regain function and mobility, and deal with a range of complex psychological, emotional and social issues. We work closely and collaboratively with each patient to:

- Apply proper wound care and limb management
- Improve strength, coordination and endurance
- Manage pain
- Explore lifestyle needs and choices in a prosthesis
- Provide training on the use of a prosthesis

## Neurological Rehabilitation

For people with Multiple Sclerosis (MS), Parkinson's disease, Amyotrophic Lateral Sclerosis (ALS) Guillain-Barré Syndrome and other neurological conditions, we offer an integrated program of care that helps to optimize:

- Strength, coordination, balance and mobility
- Medication management
- Use of assistive devices
- Functional independence

## Orthopedic Rehabilitation

We provide expert care to individuals with a wide range of orthopedic and musculoskeletal conditions, including hip fractures, joint replacement and multiple trauma, as well as sports- and work-related injuries. Our interdisciplinary team helps patients to:

- Restore strength and mobility
- Increase function
- Utilize adaptive techniques, equipment and strategies
- Resume daily activities as safely and independently as possible





## Starting right

*Studies show that an early start to rehabilitation can make all the difference in a person's recovery. As an acute rehabilitation hospital, we initiate a highly integrated approach to care as soon as the patient is medically ready. We coordinate all the necessary details with the referring physician, case manager and insurance provider to ensure a smooth transition to our hospital.*

## Working towards recovery

In a dynamic and supportive rehabilitation environment, we tailor treatment to individual medical, physical, cognitive and emotional needs, and provide:

- A physician-led interdisciplinary model of care
- Management of complex conditions
- Specialized rehabilitation nursing
- Evidence-based physical, occupational and speech therapies
- Advanced technologies and equipment
- Patient and family education and training
- Case management services

Patients at Select Rehabilitation Hospital benefit from a minimum of three (3) hours of therapy Monday through Friday, and on weekends as appropriate. Our rehabilitation team balances hands-on care with high-tech treatment – such as Locomotor Training and Functional Electrical Stimulation – to effectively address individual challenges. Progress is carefully monitored and treatment is modified accordingly.



## Achieving Goals

Individuals who choose Select Rehabilitation Hospital for their care and treatment will work hard to achieve their rehabilitation goals. As a result, they generally have greater improvement during their stay and a higher level of functional independence upon discharge when compared to national benchmarks that measure mobility, cognitive abilities and other activities of daily living.

Perhaps that's why in recent satisfaction surveys, 100% of our patients\* indicated that they would recommend Select Rehabilitation Hospital to others.

We're honored to have earned the trust of our patients... and proud of the progress they make each day.



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Select Rehabilitation Hospital of Denton does not discriminate against any person on the basis of race, color, national origin, disability or age in the admission, treatment or participation in its program, services or activities or in its employment. For further information, please contact the Administration Office at Select Rehabilitation Hospital of Denton.